

7TH INTERNATIONAL IHUD CONFERENCE

The Integral World - the Bridge to
Global Sustainability and Harmony



MAY 2-3, 2026

SATURDAY, MAY 2, 2026 - DAY 1:

14:00 Central European Time (CET) - Conference Opening

Prof. Ephraim Eliav, Director of IHUD, Kamea Research Professor of Quantum Chemistry at Tel Aviv University, Israel

14:10 – 14:40 (CET)

Neuropedagogy in Adolescent Development and Education

Ms. Natalya Ushakova, Pediatrician, Allergist-Immunologist, Neuropsychologist, Supplementary Education Teacher, Neurodiagnostics and Neurocorrection in Childhood, Saint Petersburg, Russia

This presentation explores neuropedagogy as an integrative approach to adolescent development, focusing on brain maturation, cognitive processes, and emotional regulation. It emphasizes the importance of aligning educational methods with neurodevelopmental stages.

Drawing on extensive clinical and neuropsychological experience, the session highlights early diagnostics, individualized learning strategies, and supportive environments as key factors in healthy development.

14:45 – 15:15 (CET)

Integrative Sociology: Causes and Opportunities of Today's Transformations in the Context of the "Mirror Principle"

Ms. Vida Skačkauskaitė, Lecturer, Department of Public Administration, Faculty of Social Sciences, Šiauliai University, Political Consultant, Lithuania

According to the integral society concept, the current socio-political situation in the world is interpreted as a global crisis of egoism. This crisis is a natural part of human evolution in which uncontrolled "getting things for oneself" (egoism) has reached a destructive limit. This forces humanity to consciously transition to an Integral (unifying) system of relationships. The principle of integrity asserts that reality is a holistic, interconnected system, and effective governance must be systemic and holistic. Today's global situation violates this principle and leads to imbalance and the emergence of systemic crises. The path to an integral future presupposes the need for transformation. The theory of an integral society asserts that the current situation is a turning point (from a selfish state to a perfectly balanced state between self-interest and social benefit). The task of development is not to eliminate egoism (as it is a vital energy), but to transform it. The world must freely choose the path of unity and giving as the only way out of the global crisis. A significant innovation is the creation of a global educational system that educates people to live in an integrated society, to recognize interdependence and responsibility, and to foster unity and altruism. These innovative elements, including the use of the "Mirror Method" to analyze transformations, constitute a conceptual foundation that enables a transition from destructive competition to creative collaboration and a model for a sustainable society.

SATURDAY, MAY 2, 2026 - DAY 1:

15:20 – 15:50 (CET)

Collective Consciousness as a Bridge to Global Harmony

Dr. Haim Vilevi, PhD in Peace Studies (2024), Selinus University, Head of the Peace Sub-Department, IHUD, Israel

The problem lies in the gap between technological advancement and human perception. While global networks connect us externally, our internal consciousness often remains bound to separation. The relevance of this inquiry is clear: without a shift in perception, sustainability efforts remain partial and fragile. The aim is to show how recognizing humanity as a global network of interconnected “nodes” provides a practical foundation for sustainable development. Objectives include clarifying the scientific basis of collective consciousness through systems thinking, neuroscience, and quantum models of interdependence; presenting methods such as dialogue circles and integral education; and outlining pathways to cultivate collective awareness as a bridge to harmony. The main material draws on contemporary research and experiential practices that demonstrate how cooperation in small groups can scale to societal transformation. These practices encourage individuals to perceive themselves not as isolated agents but as parts of a greater whole, aligning with natural systems of balance. The conclusion highlights that sustainability is not only a technological or political project but a perceptual and ethical shift—from “I” to “we.” By cultivating collective consciousness, humanity can replace competition with cooperation and move toward a harmonious future.

15:55 – 16:25 (CET)

Integrative Approach to World History

Prof. Valeria Khachatryan, Doctor of Cultural Studies, Candidate of Philological Sciences, Historian, Cultural Scholar, Dubna, Russia

Modern historical science faces the urgent task of developing a concept of world history that encompasses all aspects of the historical process. This presentation introduces a new concept developed within the integral paradigm. The integrative model of world history is based on three fundamental concepts applicable to nature, society, and the individual: desires (needs), egoism, and altruism. While these concepts are widely used across disciplines, within the integral paradigm they are considered the main driving forces of global evolution and world history. World history is presented as a staged process of realizing and developing different desires—from egoistic to higher altruistic ones. Each historical period is defined by a dominant desire shaping social life. In primitive society, basic survival desires prevailed. In the ancient world, the desire for wealth dominated. In the Middle Ages, the desire for power and glory shaped political structures. In modern times, the desire for knowledge led to the rise of science. Today's era is marked by globalization and increasing interdependence, alongside a global socio-ecological crisis driven by egoism. This necessitates a transition toward an altruistic dominant desire, forming a global integral society. The integrative approach provides a systemic understanding of history as a purposeful and deterministic process, revealing both its patterns and its meaning. It shows that humanity must transition from egoistic to integrative social relations based on altruism.

16:30 - 16:40 (CET) — Coffee Break

SATURDAY, MAY 2, 2026 - DAY 1:

16:45 – 17:15 (CET)

The Family as a Hologram of Humanity

Ms. Larisa Kornilova, Teacher, Speech Therapist, Psychologist, Lecturer in Integrative Upbringing and Education, Moscow, Russia

Ms. Inna Kameneva, Lecturer in Integrative Upbringing and Education, Prague, Czech Republic

Modern humanity is facing a crisis of mutual understanding and a breakdown of social connections. Despite technological progress, people are becoming increasingly isolated. The destruction of family culture, rising anxiety, and alienation point to a deficit in a fundamental skill—the ability for mutual connection and love as an action. The course proposes the IHUD integrative approach, where the family is viewed as a holographic model of humanity—a micro-system reflecting global processes. The presentation draws on interdisciplinary sources and introduces practical formats such as family circles, empathy training, integral dialogues, and gratitude journals. It also outlines perspectives for expanding these methods into schools and international collaboration within IHUD to form a global educational “super-organism.”

17:20 – 17:50 (CET)

From Inner Coherence to Global Harmony: How Personal Alignment Shapes a Sustainable Integral World

Dr. Alexandra Alexandrova, Researcher, Therapist, Reconnection Therapy and Research, Bures-sur-Yvette, France

This presentation explores how inner coherence—alignment between thoughts, emotions, and actions—forms the foundation for global harmony. It highlights the connection between personal transformation and sustainable societal development. As an outcome of this presentation, participants will: understand inner coherence as a developmental principle; recognize its impact on social systems; and learn practices for personal alignment.

17:55 – 18:25 (CET)

Theory of Human Interactions: An Entropic and Cooperative Regulative Framework

Prof. Lucian Lucia, PhD, Professor of Chemistry, Apex, North Carolina, USA

This presentation introduces a framework for understanding human interactions through entropy and cooperation. It proposes that cooperation functions as a regulating force that restores balance in complex systems. As a result of this presentation, participants will: understand entropy in social systems; recognize cooperation as a stabilizing force; and gain interdisciplinary insight into human interactions.

SATURDAY, MAY 2, 2026 - DAY 1:

18:30 – 19:00 (CET)

Art as a Universal Connection – From Division to Conscious Perception

Ms. Natalia Mavrina, teacher, musician, psychologist, and head of the Happy Childhood music studio, Moscow, Russia

Ms. Lana Konkova, musician-performer, methodologist, psychologist, and author of several articles on psychology, Moscow, Russia

In the modern era of hyper-consumption and digital noise, art is experiencing a deep crisis of meaning. From a holistic, sacred language connecting humans with the world, it has become fragmented and often commercialized, dividing rather than uniting. This fragmentation directly affects mental health, social cohesion, and empathy. We consume cultural products without awareness of how they shape or distort our individual and collective reality. The presentation aims to restore the role of art as a fundamental instrument of connection and offers a practical tool for conscious navigation within the cultural space. It traces the evolution of art from a unifying ritual to a fragmented product and introduces a “Map of Universal Connections,” showing how art connects with nature, emotions, ideas, and the spiritual dimension. The core of the presentation introduces the “Four-Part Compass of Conscious Perception,” a model for evaluating cultural products through physical, psychological, communicative, and transcendental responses. The presentation concludes with a call to shift from passive consumption to active, conscious co-creation, where each choice contributes to restoring an integral cultural environment.

19:05 – 19:35 (CET)

Unique Features of the Solar System: Chance or Purposeful Development?

Mr. Grygoryj Notkin, Developer of Medical Devices, Chief Designer of Diagnostic Medical Computerised Systems, Kyiv, Ukraine

The presentation is devoted to the analysis of the unique characteristics of the Solar System and planet Earth that enable the emergence of intelligent life. It examines a set of “finely tuned” parameters: the correct position of the Solar System within the galaxy, the characteristics of the Sun as a medium-type star, the parameters of Earth’s orbit, the role of the Moon in stabilizing the planet’s axis, the unique composition of the atmosphere, and the presence of liquid water. Special attention is given to the question: is such a precise combination of favorable factors the result of a random coincidence, or does it indicate a directed process of development? The speaker presents arguments in support of the concept of a guiding principle of development, based on data from modern astrophysics, planetary science, and paleontology. The presentation also examines cycles of catastrophes in Earth’s history and their paradoxical role in accelerating the evolutionary development of the biosphere. Additional planetary systems are analyzed, including cycles of matter and energy, climate mechanisms, and the role of oceans and continental processes in maintaining conditions for life. A central place in the presentation is given to the concept of purposeful development of the universe. It explores how the evolutionary process leads to increasing unity and interconnectedness while preserving and multiplying diversity. The interaction of all levels of nature—non-living matter, plant and animal life, and human society—is considered as the result of a directed process of development.

SATURDAY, MAY 2, 2026 - DAY 1:

19:40 – 20:10 (CET)

The Butterfly Blueprint: A Systems Model for Transforming Couple Connection

Ms. Amanda Green, MSW, RSW, Couples Counsellor, Certified in Emotionally Focused Therapy (EFT) for Couples, with over 25 years of experience in marriage and relationship counseling, Self-Employed / Private Practice, Kitchener, Ontario, Canada

Couples today face profound challenges: limited perception of one another, the influence of ego, and difficulty turning inward to reflect and grow. Many couples enter relationships with closeness but become stuck in patterns of self-protection, blame, or avoidance. This presentation introduces a ten-module framework designed to guide couples through a transformative process from disconnection toward interdependence. The program begins with two introductory sessions exploring the common problems couples face and the underlying psychological dynamics that keep them trapped in conflict. Central to the course is a model of seven principles of interdependent relationships, represented through the metaphor of the butterfly. Each partner functions as a set of wings—one right, one left—while the body of the butterfly symbolizes the relationship itself, the shared space that holds and balances both. Each principle follows a developmental arc: moving from the “caterpillar” stage of self-oriented, either/or thinking; through the “chrysalis” stage of reflective growth on a higher mental plane; and ultimately toward the “butterfly” stage of shared, both/and living. This metaphor provides couples with a concrete and accessible way to understand how ego divides and conquers, and how intentional balance and mutual responsibility create a sustainable connection. The presentation offers new insights by integrating integral education principles into a relational model that is practical, visual, and experiential. Participants will gain tools for helping couples shift from isolation to mutuality, while also envisioning how connection between couples themselves can form networks of resilience, compassion, and collective growth.

20:10 - 20:20 (CET) Closing of the 1st Conference Day

Prof. Ephraim Eliav, Director of IHUD, Kamea Research Professor of Quantum Chemistry at Tel Aviv University, Israel

SUNDAY, MAY 3, 2026 - DAY 2:

14:00 Central European Time (CET) – Conference Opening

Prof. Ephraim Eliav, Director of IHUD, Kamea Research Professor of Quantum Chemistry at Tel Aviv University, Israel

14:10 – 14:40 (CET)

Sustainable Medicine for a Holistic Future: The Systemic Healing Mechanism of Homeopathy within Traditional and Complementary Therapies

Dr. İpek Nurdan Dikmen, Medical Doctor, Lecturer, Homeopathy Practitioner, Specialist in Traditional and Complementary Medicine, Cyprus International University, Faculty of Health Sciences, Ankara Yıldırım Beyazıt University – PhD Program in Traditional and Complementary Medicine, Türkiye

This research-oriented presentation explores homeopathy as an integral and sustainable healing modality that aligns with the theme “The Integral World – the Bridge to Global Sustainability and Harmony.” Homeopathy, based on the principle of Similia Similibus Curentur (“like cures like”), offers a patient-centered approach that supports the body’s innate self-regulatory mechanisms. In a time marked by rising chronic diseases, environmental stressors, and increasing trauma exposure, there is a growing need for safe, low-cost, and ecologically responsible therapeutic models. This study examines the potential role of homeopathy in trauma-related conditions—physical, emotional, and psychological—through a multidisciplinary lens integrating complementary medicine, neurobiology, and systems thinking. Clinical observations and existing literature demonstrate that individualized homeopathic treatment may contribute to improved resilience, emotional regulation, and recovery in trauma patients. These findings are discussed within the wider framework of global sustainability, emphasizing reduced pharmaceutical pollution, minimal ecological footprint, and enhanced community well-being. The presentation also highlights the relevance of homeopathy to integral methodologies: holism, interconnectedness, and human development. By addressing the person as a unified system — mind, body, and environment — homeopathy may serve as a bridge between traditional healing wisdom and modern integrative health paradigms. Implications for education, public health, and sustainable healthcare are discussed, offering new insights into how homeopathic approaches can support global harmony and planetary health.

14:45 – 15:15 (CET)

Mutual Responsibilities for Sustainable Peace from the Perspective of a Woman

Prof. Lale Taner, Full-time Professor at Gazi University, Dental Faculty, Department of Orthodontics, Dean at Cyprus International University, Dental Faculty, North Cyprus, Ankara, Türkiye

Women are naturally endowed with the ability to protect, develop, adapt, and respond to diverse situations. They often feel a responsibility to resolve problems fairly and equitably by including each associated one, fostering social peace and balance through sensitive, sustainability-focused approaches. History shows that societal breakdown often stems from a lack of communication and connection. Human ego and insufficient empathy lead to fractured, uncooperative communities filled with conflict and hatred. Egocentric tendencies prevent meaningful connections and create destructive effects on both individuals and societies. In contrast, women’s approach to peace emphasizes responsibility, equality, justice, and sustainable development—foundations of lasting harmony. Women support society across various spheres, including cultural, social, economic, military, and familial. Their deep emotional engagement and intelligence enable them to manage multiple tasks simultaneously, creating solutions that reflect a greater desire for peace. Throughout history, women have played a vital role in living in harmony with nature and protecting natural resources, maintaining balance between humanity and the world. Peace is closely tied to compassion, tolerance, empathy, collaboration, organization, and solution-oriented thinking, qualities often inherent in women. By fostering integrative approaches that align with these instincts, societies can achieve sustainable and harmonious living. Recognizing and amplifying women’s contributions provides a blueprint for a balanced, cooperative world where compassion and justice guide human interaction, ultimately leading to enduring peace and protection of life.

SUNDAY, MAY 3, 2026 - DAY 2:

15:20 – 15:50 (CET)

Reframing as a Skill for Broadening Perception of the World

Ms. Viktoria Kolliker, Choir Conductor, Bangkok, Thailand

Ms. Baglana Yendybayeva, Accountant, Trading Company Kazakhstan Product LLC, Almaty, Kazakhstan

In our presentation, we consider reframing as a tool for consciously changing perception, enabling the transformation of difficulties into points of growth and stressful situations into opportunities for development. Special attention is given to how reframing influences the quality of decision-making, emotional resilience, and the ability for constructive communication. Particular emphasis is also placed on the concept of the integral message—the perception of events as part of a unified, interconnected system in which each element influences the whole.

15:55 – 16:25 (CET)

The Idea of Wholeness as a Condition for the Development of a Mature Personality

Prof. Svetlana Yashchuk, PhD in Psychology, Brest State University, Belarus

Based on diagnostic data, the presentation illustrates the influence of the idea of wholeness on personality within the framework of the “System of Conscious Transformation” approach. The aim of the presentation is, based on the developed program “System of Conscious Transformation,” to examine the formation of wholeness as a quality of a mature personality—capable of adequately perceiving reality and building healthy relationships—which is a necessary condition for a harmoniously developing world. Our task is to demonstrate how a shift in self-perception—from a position of criticism to the idea of wholeness—changes the worldview and behavior of an individual within a small social environment.

16:30 – 16:40 (CET) — Coffee Break

16:45 – 17:15 (CET)

Psychology of Unity: The Path to a Whole Person and Society

Ms. Helena Rebekka Kabat, Psychologist, Specialist in Emotional Development, Behavioral Psychology (SKK),

Practitioner of Bioenergetic Analysis (based on the work of Alexander Lowen), Gdynia, Poland

This presentation is a creative introduction to the concept of integral psychology at a systemic level, according to which individual awareness becomes a contribution to the shared field of interactions. It concludes that the development of a “psychology of unity” opens possibilities for aligning personal and societal goals and serves as a foundation for more sustainable and holistic development of both the individual and society. Integral psychology proposes viewing the personality as a multidimensional and interconnected structure striving toward development and harmony with both the external and internal world.

17:20 – 17:50 (CET)

Employee Engagement Through Connection

Mr. Ernest Itzkovich, Quality Engineer and Business Management Specialist, International ISO Consultant and Lead Auditor for Integrated Management Systems, Instructor at Resilient World Institute, Toronto, Canada

This presentation examines how connection, trust, and shared purpose enhance employee engagement and organizational effectiveness. Through attending this presentation, participants will understand engagement drivers, be able to identify disconnection factors, and improve collaboration and trust in the workplace.

SUNDAY, MAY 3, 2026 - DAY 2:

17:55 – 18:25 (CET)

The Boy from Block 66 – A True Story

Dr. Limor Regev, PhD in International Affairs, Research Fellow, Leonard Davis Institute for International Relations, Hebrew University of Jerusalem; MA in Conflict Resolution; MA in International Affairs and American Studies; BA in English Literature; Author of the Amazon bestseller *The Boy from Block 66*; Lecturer, Israel

There are many stories about the Holocaust and World War II—what makes this one unique?

It tells the unfamiliar and inspiring story of Block 66 in Buchenwald, where a brave Czech prisoner and the political underground saved nearly 1,000 Jewish children, including two future Nobel Prize winners. They were not Jewish—just human. This is a true story, completely faithful to historical facts. It is a personal and emotional account that includes many details providing a fuller picture of events. The story is told by a 90-year-old survivor who remained silent for many years and now shares, in a simple and clear way, what it was like to grow up normally and then be thrown at the age of 13.5 into the man-made hell of Auschwitz. It is a story that reveals both heartbreaking cruelty and profound humanity. It offers a strong warning about the consequences of racism while also teaching moral values and showing how much one person can do by refusing to look away.

18:30 – 19:25 (CET)

A Dramatica Descriptor for the Deep Interdisciplinary

Dr. Elliot Pines, PhD in Electrical Engineering (UCLA), MS in Electrical Engineering (Caltech), BA in Physics (Brandeis University), Senior Engineer/Scientist (Retired), STEM Educator, with extensive research and engineering experience at NASA/JPL, Raytheon, Boeing, and advanced technology laboratories in aerospace, communications, and bio-inspired technology and systems, Head of the Natural Sciences Sub-Department at IHUD, USA ♦ Dr. Martin Lachaine, PhD in Physics, MSc in Medical Physics, Medical Physicist, Former Assistant Professor (University of Arizona), Researcher in Medical Device Technologies and Radiation Therapy Optimization, Montreal, Canada ♦ Prof. Grace Ledbetter, PhD in Classics, Professor of Classics and Philosophy, Swarthmore College; Specialist in Ancient Philosophy and Greek Literature, USA ♦ Ms. Mary Kathleen (Kathy) Pirrello, BA (Summa Cum Laude) in English Secondary Education and Theology (Mercyhurst University), MA Candidate in Judaic Thought and Culture (Case Western University), Secondary Education Teacher (Retired), Chair of the English Department, Educator in Holocaust Studies, USA ♦ Ms. Jasmin Flum, Higher Education in Communication-Information and Business Administration, Intellectual Property Assistant, Humanitarian and Global Activist, Cultural Event Organizer, President of IHUD CH, Geneva, Switzerland

Arthur C. Clarke, the 20th-century futurist who foresaw the Internet, outlined three “laws” of scientific progress in 1962: 1. When eminent scientists declare something possible, they are likely right; when they call it impossible, they are probably wrong. 2. The limits of the possible are discovered only by venturing slightly into the impossible. 3. Any sufficiently advanced technology is indistinguishable from magic.

Everyday life already illustrates Clarke’s third law—GPS navigation resembles prophecy, and driverless cars once seemed ghostly fantasy. Yet the most striking example of all three laws unfolds in quantum physics. In 1935, Einstein and colleagues identified entanglement as an “impossible” flaw in Bohr’s theory. Decades later, John Bell proposed experiments to test this paradox, and by the 1980’s technology enabled increasingly precise trials. By Clarke’s death in 2008, early quantum computers and cryptography systems were already functioning—what once seemed impossible became the basis for real “magic.” Entanglement and quantum superposition suggest a reality where form exists apart from matter, with measurable consequences. This does not prove stage magic but instead reveals that our perception may itself be a kind of illusion—one nested within a multi-tiered integral system. These dynamics show an apparent teleological drive: seeking balance between receiving and bestowing information. We explore this perception-centered reality in terms of a convergence of physics, biology, and cognitive science, and propose a new and radically deep and broad interdisciplinary framework of great advantage to our globalizing world. Just as Einstein drew upon the mathematical language of non-Euclidean geometry for his general relativity, we call upon Dramatica’s “mental relativity” language of story.

SUNDAY, MAY 3, 2026 - DAY 2:

19:25 – 19:35 (CET) – Closing of the 2nd Conference Day

Prof. Ephraim Eliav, Director of IHUD, Kamea Research Professor of Quantum Chemistry at Tel Aviv University, Israel